

## Ironman National | Weekend Schedule

August 23-24, 2019

Subject to network schedule changes

### FRIDAY AUGUST 23

9:00am	Semi Truck Parking, Paddock Opens
9:00am - 5:00pm	Will Call
9:30am	Privateer Parking
1:00pm - 2:00pm	Media Day Ride - <i>*Invite Only</i>
2:00pm - 3:00pm	125 All Star Practice
1:00pm - 2:00pm	Tech Inspection for Top 20 Riders in 250 and 450 Class
3:00pm - 5:00pm	Tech Inspection for Remaining Riders

### SATURDAY, AUGUST 24

7:00am - 2:00pm	Will Call
7:20am - 7:35am	Mandatory Riders Meeting
7:35am - 7:50am	Chapel Service
8:00am - 8:15am	250 Class Practice Grp B- 15 minutes 5 Free/10 Timed
8:20am - 8:35am	250 Class Practice Grp A- 15 minutes 5 Free/10 Timed
8:35am - 8:45am	Track Maintenance
8:45am - 9:00am	450 Class Practice Grp A- 15 minutes 5 Free/10 Timed
9:05am - 9:20am	450 Class Practice Grp B- 15 minutes 5 Free/10 Timed
9:20am - 9:35am	Track Maintenance
9:35am - 9:45am	125 All Stars Practice
9:50am - 9:55am	250 Class Grp B Start Practice 5 minutes
9:55am - 10:10am	250 Class Practice Grp B- 15 minutes - Timed
10:15am - 10:20am	250 Class Grp A Start Practice 5 minutes
10:20am - 10:35am	250 Class Practice Grp A- 15 minutes - Timed
10:35am - 10:50am	Track Maintenance
10:45am - 10:50am	450 Class Grp A Start Practice 5 minutes
10:50am - 11:05am	450 Class Practice Grp A- 15 minutes - Timed
11:10am - 11:15am	450 Class Grp B Start Practice 5 minutes
11:15am - 11:30am	450 Class Practice Grp B- 15 minutes - Timed
11:30am - 11:45am	Track Maintenance
11:45am - 11:55am	250 Consolation Race
12:00am - 12:10pm	450 Consolation Race
<b>12:30pm - 1:00pm</b>	<b>OPENING CEREMONIES</b>
1:00pm - 1:12pm	250 Class Sight Lap
<b>1:12pm - 1:47pm</b>	<b>250 Class Moto #1</b>
1:47pm - 2:00pm	Podium Interviews
2:00pm - 2:12pm	450 Class Sight Lap
<b>2:12pm - 2:47pm</b>	<b>450 Class Moto #1</b>
2:48pm - 3:00pm	Podium Interviews
3:05pm - 3:10pm	125 All Stars Site Lap
3:10pm - 3:25pm	<b>125 All Stars Race</b>
3:32pm - 3:40pm	250 Class Sight Lap
<b>3:42pm - 4:17pm</b>	<b>250 Class Moto #2</b>
4:17pm - 4:30pm	250 Winners Circle
4:32pm - 4:40pm	450 Class Sight Lap
<b>4:42pm - 5:17pm</b>	<b>450 Class Moto #2</b>
5:15pm - 5:30pm	450 Winners Circle
5:30pm - 6:00pm	Press Conference